



Summer OT Clubs Are Here!! Class sizes are limited.....

SIGN UP NOW



Preschoolers “On The Move” Club

Does your child love to climb, explore, run and jump??? Does your child “seek” movement and adventure? This club focuses on helping children who “must move” to get enough sensorimotor play to help regulate their nervous systems. A wide variety of gross motor, fine motor, and sensory challenges will be utilized to provide input, facilitate fun, and develop higher levels of balance and coordination.

Age: 3-5 years

Session I: July 6-17 Monday, Wednesday and Thursdays

Session II: August 3-14 Monday, Wed, and Thursdays

Time: 9-10:30am

Kindergarten Readiness: “The K Club”

This camp is designed to offer a high concentration of pre-academic kindergarten skills. Structured activities will focus on academics, tool use, motor development, and behavior. This class is ideal for the child who is ready to enter kindergarten in the fall, or who would benefit from a “refresher” over the summer. A sensory motor approach to learning will keep the children moving and learning and having fun!

Age: Kindergarten

Session I: July 7-August 11 Tuesdays

Time: 9-10:30am or 11-12:30am

Astronaut Training® Adventure Club

This club has been designed to provide opportunities for school-age children to improve motor skills, balance, coordination, and attention in a fun, partner/friendship setting. We will also emphasize teamwork with others and social-skill building. This club utilizes techniques from the “Astronaut Training”® program as the backbone for skill development. Through a variety of precise vestibular and motor activities, we will provide fun and “just-right” challenges.

Session I: June 22 – July 3 Monday, Wed, and Thursdays

Age: 6-8

Time: 9-10:30am

Session II: July 6 – July 17 Monday, Wed, and Thursdays

Age: 9-12

Time: 11am-12:30pm

Session III: July 20 – July 31 Monday, Wed, and Thursdays

Age: 12-14

Time: 9-10:30am

Sensory Adventurers Club

This club is designed to provide opportunities for all children to explore their senses in a safe and supportive environment. The goal is to provide your child with a wide variety of sensory experiences to enhance nervous system development, including movement activities, tactile play and exploration, and skill development. Calming activities and “just right” activities will be



utilized to help children learn to recognize and modulate their own sensory systems and responses. We will explore various themes and adventures on our journey!

Session I: July 20- July 31 Mon, Wed, and Thursdays
Age: 6-8
Time: 11am – 12:30pm

Session II: August 3 – August 14 Mon, Wed, Thurs.
Age: 9-12
Time: 11am – 12:30pm

Session III: August 17 – 21 *1 week session: Mon, Tuesday, Wed. and Thurs.*
Age: 6-8
Time: 9am-11:15am

Friendship Social Club

The focus of this club is on establishing friendship, appropriate social interactions and social skills development, and collaborative games and fun with peers! The kids will participate in group projects, various brain games, motor activities, sensory opportunities, adventures and games. They will end the club with new friends and acquaintances and a whole lot of fun!

Session I: June 22 – July 3 Monday, Wed, and Thursdays
Age: 12-14
Time: 11am – 12:30pm

Session II: June 23 – August 11 Tuesdays only*
Age: 9-12
Time: 11am – 12pm

Deadline for Registration: May 15th
please call 910-313-2111 for more information



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